



February 2018, Dudley Senior Center



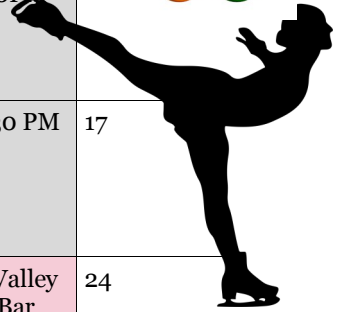
Schedule of Events



- Feb 5th at 12:15 after lunch, Emily Mew from Salvation Army will be here to present the Dudley COA with a certificate of appreciation for our Donation of handmade goods, knitted items, fleece blankets, as well as other gifts! Come join us!
- Zumba Gold with Instructor Steph. Bolduc every Thurs. 11-11:45AM. \$2.00 donation /class. FUN & Easy Dance Exercise, to Lively Music. Anyone can do it! Stop by and check us out!
- Feb 12th @ noon we are having a Valentine's Day Luncheon at Christopher Heights. RSVP to Margaret by 2/5 please if you'd like to attend.
- Feb 15, 3-5PM Common Ground Memory Café . FREE! Live Music and Refreshments. Music By Ed Cormier! A Memory Café is for anyone affected by memory loss due to Dementia, Parkinson's, Alzheimer's, Stroke. Caregivers & friends Welcome!
- Feb 23rd @ 11:30AM Tri Valley Potato Bar! \$3.00 Donation. Baked Potatoes with all of the fixings you could think of adding. Please call Inge Gassner @ 508-949-9081 to RSVP.
- Feb. 26 , 12N Roger Tincknell presents Island Vacation Music. Upbeat songs from the Caribbean, to Hawaii. Performed on Ukulele, guitar, and African percussion instruments. A Virtual Vacation! Dress festively for you Vacation, relax and enjoy a complimentary mock-cocktail! This FREE program is supported in part by a grant from the Dudley Cultural Council, a local agency, which is supported by the Massachusetts Cultural Council a state agency.

Sun Mon Tue Wed Thu Fri Sat

One to One Computer with Joyce Cordero, Thursday mornings by appt. Call COA	Monday Movie Matinee 2/5 Moonstruck	13 CardPitch @ 1pm/ DSW's Needle-workers @ 1PM	DSW's Needle-workers @ 1PM	1 Zumba Gold 11-11:45AM Cribbage @ 1PM	2 BP Clinic 10:00-11:00AM BINGO @ 12:30 PM	3
4	5 Salvation Army Certificate presentation 12:15PM	6	7	8 Zumba Gold 11-11:45AM Cribbage @ 1PM	9 BINGO @ 12:30PM	10
11	12 Lunch at Christopher Heights 12n	13	14 Ash Wed.	15 Zumba Gold 11AM Memory Café 3-5PM	16 12:30 PM BINGO	17
18	19 CLOSED President's Day	20	21	22 Zumba Gold 11-11:45AM	23 Tri Valley Potato Bar 11:30AM RSVP to Inge	24
25	26 Island Vacation Music at 12:00 PM	27	28	Don't forget Panera Bread Donation, Friday Mornings at 10 AM		



MCOA

Dudley Senior Center
Margaret Bussiere COA
Dir./Coord. M&F
10 AM- 4 PM

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Dudley, MA 01571

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THIS PROJECT IS SUPPORTED IN PART BY

