



# Dudley Senior Center, February 2017



## Schedule of Events

- Feb. 3rd. 10:30-11:30 AM , BP Clinic and Ask a Nurse. With Joan Grindel, Overlook VNA.
- Mondays and Fridays, Chair Yoga with HHP, Joanne LaLiberte 10:30-11:30AM.
- **Watercolor Painting** with Marguerite Gaddis is Feb 9 and Feb 23rd. \$10.00 per class, supplies are included. (also, March 9 & 23).
- Feb 13, **Ice Cream Social**, after lunch. Hosted by Webster Manor/Lanessa.
- Feb 16, 4-6 PM Common Ground Memory Café featuring Bruce Joy and Dan Belanger, on Banjo and Guitar! FREE. For memory impaired individuals , caregivers and friends. Refreshments included! Come and join us!
- Feb 20 We are CLOSED for President's Day!
- **Feb 24 at Noon, Welcome Back Jimmy D's Italian Lunch! Tickets are \$5.00** and available in the COA office , or through Alice Langlois.. Anyone is welcome!
- **Also , following Jimmy D's Lunch on Feb 24th, from 1:30-3PM, we will be featuring a special performance by The Atwater and Donnelly Folk Duo, for Traditional American Folk Music and Dance.** This **FREE**, music program is sponsored in part by a grant from the **Dudley Cultural Council**. **ALL are welcome** to attend, even if you did not lunch with us! C'mon and join us for this exhilarating and Talented Folk Duo performance! **FREE**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 <b>GROUND HOG DAY</b> 	3 BP clinic @ 10:30am-11:30am	4
5	6	7	8	9 Watercolor Painting @ 10am-12n	10	11
12	13 Ice Cream Social	14 	15	16 Memory Café' 4-6pm <b>FREE</b>	17	18
19	20 	21	22	23 Water-color painting 10am-12n	24 Jimmy D's Italian Lunch 12n/ Atwater/ Donnelly 1p	25
26	27	28				

**Dudley Senior Center,**  
Margaret Bussiere, COA Coord. M&F  
**10am-3PM**

71 W. Main St  
Dudley Municipal Bldg.  
Dudley, MA 01571

MCOA  
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THIS PROJECT IS SUPPORTED IN PART BY



Panera Bread donation here Friday at 10am until it's gone! Thanks, Panera!