

February 2020 Happenings at the Dudley Senior Center

Your Town Census Forms are currently due, however this census is different than the **2020 Federal Census** which will be mailed to every address in mid. March. **The US Census is mandated by the US Constitution** (since 1790) **to be completed every 10 years**, (years ending with a zero). You must complete the census, it's the law. Every household/dwelling will receive a postcard with a registration number and instructions for census completion. You can register your information four different ways: **1) online, 2) by phone, 3) U.S. Postal mail, or by 4) a U.S. Census taker coming to your door to record your information. (You can avoid someone coming to your door by completing 1, 2, or 3 from above as soon as you receive the postcard.)**

The U.S. Census is available in 12 Languages plus English. Deadline for completion of the 2020 US Census is **April 1st**. You will be asked a few questions like: age, sex, number of people who live in your residence, including children. **The Federal Census will never ask for Social Security numbers, bank or credit card numbers, money, or anything related to political parties. The US Federal Census is not looking for citizenship status, every person is registered, no matter who you are or where you're from.** Your information is safe, the US Federal Census is collecting DATA for population information only which helps the US Government, plan for future needs, allocate monies & programs at the Federal, State and Local level, as well as determining the number of seats on the House of Representatives, Public School funding, Clinics, Roads, Federal Grants, etc., allocated according to Data received.

Example: Per U.S. Census In this town, 1981 seniors aged 60 and over resided here in 2010. The data 1981 seniors in 2010 was utilized for money/grants, allocated/awarded yearly for 10 years. The 2020 Census

will tell the government how many seniors we currently have living in town, these will be the numbers used until the next U.S. Federal Census in 2030. **The Census is very important! Please visit their website for more information. [2020census.gov](https://www.2020census.gov)**

Dudley Senior Center February 2020 Happenings!

Feb 7, 10-11AM, BP Clinic, Ask a Nurse. FREE.

Feb. 10 at noon, FREE Ice Cream Social by Lanessa, Come join us!

Feb. 14 Happy Valentine's Day! Tri Valley Lunch is at 11:30 AM. Please call Inge Gassner at 508-949-9081 to reserve your meal at least two days in advance.

Feb. 17 Closed for President's Day.

Feb. 20, 3-5 PM Common Ground Memory Café at the Dudley Senior Center featuring Mr. Roger Tincknell with his exceptional music program, Elvis to the Beatles! This FREE program is sponsored in part by a grant from the Dudley Cultural Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency. The Memory Café is for Caregivers, Family, Friends, Loved Ones, and Especially Individuals affected by memory issues due to Alzheimer's, Lewy Bodies, Dementia, Parkinson's, Stroke, PTSD, Brain Injury, or other brain challenges. Come enjoy a fun date together with friends, complete with a light meal and refreshments, FREE! This memory café is meant to be a positive time out together, sharing laughter, music and non-judgmental fun. To RSVP please call Margaret @ 508-949-9805 X#3. Walk-in friends are always welcome too! Weather

permitting; the memory café is scheduled every third Thursday of the month 3-5 PM. The Common Ground Memory Café is supported by community donations; we thank you and are very grateful for your support.

Feb.24th Happy Birthday Cake after lunch sponsored by Brookside Rehab. Come join us!

Feb. 26 is *Ash Wednesday, the beginning of Lent.

Feb. 28 @ Noon, Jimmy D's is back! Tickets are still only \$5.00 for the best homemade Italian lunch in town! Menu: Ziti, Homemade Italian Meatballs, with delicious gravy, Salad, Desserts, Coffee/Tea and a small glass of House Wine. *(We will also have a meatless option for Those Observing Lent.) RSVP to Margaret @ 508-949-8015 x3 or stop by for your ticket! (tickets are available on M & F, 10A-3:30 PM.) Hope to see you here, CIAO!

Our Weekly Schedule:

Mondays, Chair Yoga 10:30-11:30 AM with Joanne, Tri Valley Lunch Club, lunch is served at 11:30 AM. Please call Inge Gassner to RSVP for lunch 508-949-9081 (at least two days in advance). Creative Crafter Workshop with Donna, after lunch on Mondays, Fun & FREE!

Tuesdays, @1 PM, "13 Card Pitch" Players meet. And, @ 1PM, Dudley Senior Needle Workers Group

Wednesdays, @ 1PM Dudley Senior Needle Workers Group

Thursdays, @ 1PM Cribbage Players

Fridays @ 10:30-11:30 AM Chair Yoga with Joanne, 11:30 AM Tri-Valley Lunch Club. Please call Inge to reserve a meal. Then after lunch; it's Game Day! Come join us for a fun afternoon, we'll be playing anything from Scrabble, Super Boggle, to Up words, Scattergories, or Apples to Apples!

Coming up in March/Save the Date:

March 2 and 3, we are closed for Voting Preparation, and Presidential Primary Voting!

March 9 at noon, Mel Simons of WBZ Radio Fame will be here to present, Everything's Coming Up Irish! A FREE Program; All are welcome to attend! This program is sponsored by the Dudley Cultural Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency. Also at Noon, Ice Cream Social by Lanessa, don't miss it!

March 19, 3-5 PM Our Memory Café entertainment will be music by Tim Loftus!

Seniors did you know you are welcome to attend any/all of our programs and events regardless of where you live? If you see something on our schedule you'd like to try, come check us out! We like making new friends!